

Main reports

1.0 Best start in Life

1.1 Ambitions

The JLHWBS 2023-2033 identified 'Best Start in Life' as one of two core priorities and has committed to the achievement of four main ambitions for children:

1. Children enjoy good health and wellbeing
2. Children are protected from harm at home and in their community
3. Children are able to achieve their early development milestones
4. Parents are well-supported during pregnancy and post-birth and are able to access appropriate information, resources and services

1.2 Developing the plan

There were several steps involved in this process which included extensive consultation with both internal and external links across services:

- The launch of the JLHWBS took place in July of 2023, which included an initial workshop where attendees from across the services were invited to begin the process of formulating action plans for the two core priorities
- Following the JLHWBS launch information was gathered and collated from members of the Early Years (EY) Partnership Board, many of whom are relevant 'experts in practice', asking them how they thought their respective services should be developed
- A review of the Children and Young People health needs assessment to identify key needs and opportunities
- Two workshops were held with the EY partnership to scope out detailed outcomes
- Information and comments were collected from service users through the Maternity Voices Partnership
- Four 'Think Tank' sessions, one for each ambition were held to discuss the detail and feasibility of actions. Representatives from health, 'Early Years' the Community Partnership and the Integrated Care Board(ICB) were included
- Cross reference has been made and will continue with Worcestershire and its 'Best Start' activity and also the ICB as it develops its strategy and indicators for 'Best Start'

There are several other strategies and plans which will dove-tail with the BSIL plan and which are referenced within the BSIL plan and the supporting document.

It was intended that the BSIL plan would achieve some 'quick wins' and address what needs to happen soon, but also that it should aspire to some longer term goals which will be more complex but are also greatly needed. Variable timelines therefore reflect this and given that the JLHWBS is a 10 year strategy it is consistent with this ethos.

1.3 Common Themes

From the consultations and discussions some recurring themes emerged that consultees thought should be acknowledged and acted upon; these were:

- The need for future asset mapping in order to understand the numerous and variable projects/groups that exist to help families with children
- In connection with the above the need to tap into the community resource much more, including the CVS, but also community at its most 'grass roots' – to establish a pattern of engagement that's in keeping with the community paradigm approach
- The need for co-production and better integration between ALL services
- The need for much better communications plans that span ALL partner services if we are to get relevant and meaningful messages out to our populations

The BSiL implementation plan can be viewed in detail at Appendix 1

2.0 Good Mental Health

2.1 Ambitions

The JLHWBS 2023-2033 identified 'Good Mental' as the second of the two core priorities and has committed to the achievement of four main ambitions for this:

1. People feel satisfied with life and have a positive sense of personal wellbeing
2. Individuals and families are able to access appropriate mental health information and services
3. People feel safe from harm in their community
4. People feel connected to their community

2.2 Developing the plan

As with the BSiL plan it has involved a series of steps:

- The launch of the JLHWBS took place in July of 2023, which included an initial workshop where attendees from across the services were invited to begin the process of formulating action plans for the two core priorities
- Information was gathered from relevant 'experts in practice' – about how should services be developed
- A workshop was held with the Adult Mental Health Partnership Board, which included representatives from CVS organisations, the Health and Care Trust, Wye Valley Trust, Talk Community/Community hubs, Taurus and the ICB.
- There has been feedback through the Community Partnership and a stakeholder engagement process
- Service user comments have been collected through the Health Participation Project and the Community Survey
- Work has begun on a mental health needs assessment
- Feedback from representatives from the community and voluntary sector
- A new 'better mental health partnership' established and terms of reference reviewed
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Consideration has been given to and cross-referencing has been made to the work of relevant groups across the Integrated Care System (ICS) i.e the Emotional Health and Wellbeing Partnership Board (children), the Adult Mental Health Partnership Board (adults), Dementia Partnership Board and the ICS Mental Health Collaborative

3.0 Delivering the plans and Governance

In developing the BSiL and GMH implementation plans a Public Sector Scorecard (PSS) approach has been taken. The PSS is a useful tool which emphasises that risks, challenges and barriers that can prevent plans and strategies from being implemented; it suggests that all these factors need to be brought into the discussions so that the realities of implementation are given due consideration. The process starts with the outcomes that are desirable and then considers the processes that are required to fulfil them and whether these exist in sufficient measure to make any changes feasible. Decision on measurable indicators are only decided once the decisions above have been decided on.

The Early Years Partnership group has produced the BSiL implementation plan. The group reports to the Children and Young People Partnership Board, which will monitor the progress of the plan. The below diagram shows the governance involved and the relationships between the relevant groups.

A new Adult Better Mental Health Partnership has been established to replace the existing Adult Mental Health Partnership and will report into One Herefordshire Partnership. The intention of the new group is to provide more effective strategic oversight for mental health activity across Herefordshire and closer alignment with the ICS mental health collaborative.

The GMH implementation plan can be viewed in detail at Appendix 2

4.0 Outcomes Framework

A draft outcomes dashboard is being developed which the board will use to monitor overall progress of the delivery plans against the high level ambitions of the health and wellbeing strategy. An early iteration of the dashboard can be found in appendix 3 for BSiL

5.0 Next Steps

The Health and Wellbeing Board will receive a bi-annual update on progress against each implementation plan