

# Mental Health Services in Herefordshire

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# System changes

- **CCG Merger to form Herefordshire and Worcestershire Clinical Commissioning Group 1<sup>st</sup> April 2020.**
- **Consolidation of resource to create single team responsible for commissioning mental health services for children and young people, adults and older people.**
- **Transfer of Herefordshire Mental Health and Learning Disability services from 2gether NHS Trust to Herefordshire and Worcestershire Health and Care NHS Trust 1<sup>st</sup> April 2020.**
- **Increased funding to support delivery of NHS Long Term Plan.**
- **Investment in Herefordshire 2020-21:**
  - **Specialist Services including Perinatal Service, Eating Disorder Service and Complex Emotional Needs Service**
  - **Community Services including Neighbourhood MH Teams, Crisis Café, Crisis Resolution Team, Admiral Nursing Service**
  - **Primary Care Services including Healthy Minds Service, Community Dementia Support**



# Impact of COVID 19

- **COVID 19 Pandemic March 2020 with subsequent central management of NHS.**
- **24/7 MH helpline implementation.**
- **Primary Care Mental Health workers withdrawn from GP practices.**
- **Some local or service-specific fluctuations in demand monitored and managed.**
- **Services have continued to operate throughout, making use of technology where appropriate.**
- **Almost all shielding staff now returned to work.**
- **Restoration of Services Task & Finish Group convened. Plan to survey staff and patients, to learn about their experience over the last year and their aspirations for the future.**



# Transformation of Community Mental Health Services

- National Early Implementer site – 1 of 12.
- Integration of Primary and Secondary Care Mental Health into Neighbourhood MH Teams aligned with PCNs.
- Significant new investment:
  - Establishment increase of c.30% WTE across Primary and Secondary Care.
  - Strengthened leadership for Herefordshire: Associate Director and Deputy Associate Director for Primary Care and Community Mental Health Services Service Delivery Unit both now in post and based in Belmont.
- Staffing issues (vacancy, sickness absence) have impacted on teams:
  - Plan remains for teams to work as part of practices.
  - Insufficient capacity to deploy back into practices at the current time.
  - Room capacity may also limit this.
- Outcomes for patients.



# New developments

- **Recovery College**
- **New triage and referral models being trialled with a small number of GP practices currently prior to wider roll-out.**
- **Refurbishment of Stonebow Unit to 100% single occupancy.**
- **Admiral Nursing Service based within NHS Dementia Services.**
- **Support for GP Practices for Physical Health checks and management of Mild Cognitive Impairment and Dementia within Care Homes**



# Planning for 2021-22

- **Expansion of MH Liaison Service at Hereford County Hospital**
- **Continuation of 24/7 helpline**
- **Expansion of Crisis Café and Crisis Support Service**
- **Joint work with Herefordshire Council to increase availability of residential care within Herefordshire**
- **Developing a MH Provider Collaborative across both counties to manage resource allocation and performance, with service delivery in each county**
- **Provision of Maternal Mental Health Hub(s)**

