

# Giving children and young people a great start in life

## Herefordshire's Children and Young People's Plan 2018 - 2023

By 2023 Herefordshire children and young people will:



### BE SAFE FROM HARM and

#### Be safe with others

We will increase our early help and social care support; we will work together to make clear decisions so you receive the right support at the right time.

You will live with supportive families and have a better understanding of healthy and positive relationships.

#### Feel safer

You will know how to keep safe where you live so that you are confident when you go out.



### Be AMAZING and

#### Have a great start in life

We will support you to have a great start in life and to overcome barriers to your achievement

#### Be better prepared for adulthood

You will receive better guidance on careers to help you make informed choices

#### Have better chances of success

You will have more opportunities to develop the skills you will need for the world of work



### Be HEALTHY and

#### Lead a healthier lifestyle

You will have better information to help you keep active and eat healthily

#### Have healthier teeth

You and your family will receive better advice about the importance of good oral health

#### Be confident to talk about mental health

You will have better support to meet your emotional and mental health needs



### FEEL PART OF THE COMMUNITY and

#### Live in a happier community

With your help, we will tackle discrimination and ensure everyone feels valued in our community

#### Be more influential

We will work with you so that you are involved in decision making in our community and to deliver the Children and Young People's Plan



## To find out more see the full plan: xxxxxxxx

This plan is owned by all agencies, working alongside children, young people, families and communities across Herefordshire to provide the right support at the right time

Delivered in partnership with: West Mercia Police, Herefordshire CCG, HVOSS, 2gether NHS Trust and West Mercia Youth Justice Service