

**Supplement to the agenda for**

# **Health, Care and Wellbeing Scrutiny Committee**

**Friday 23 September 2022**

**2.00 pm**

**The Conference Room, Herefordshire Council Offices, Plough  
Lane, Hereford, HR4 0LE**

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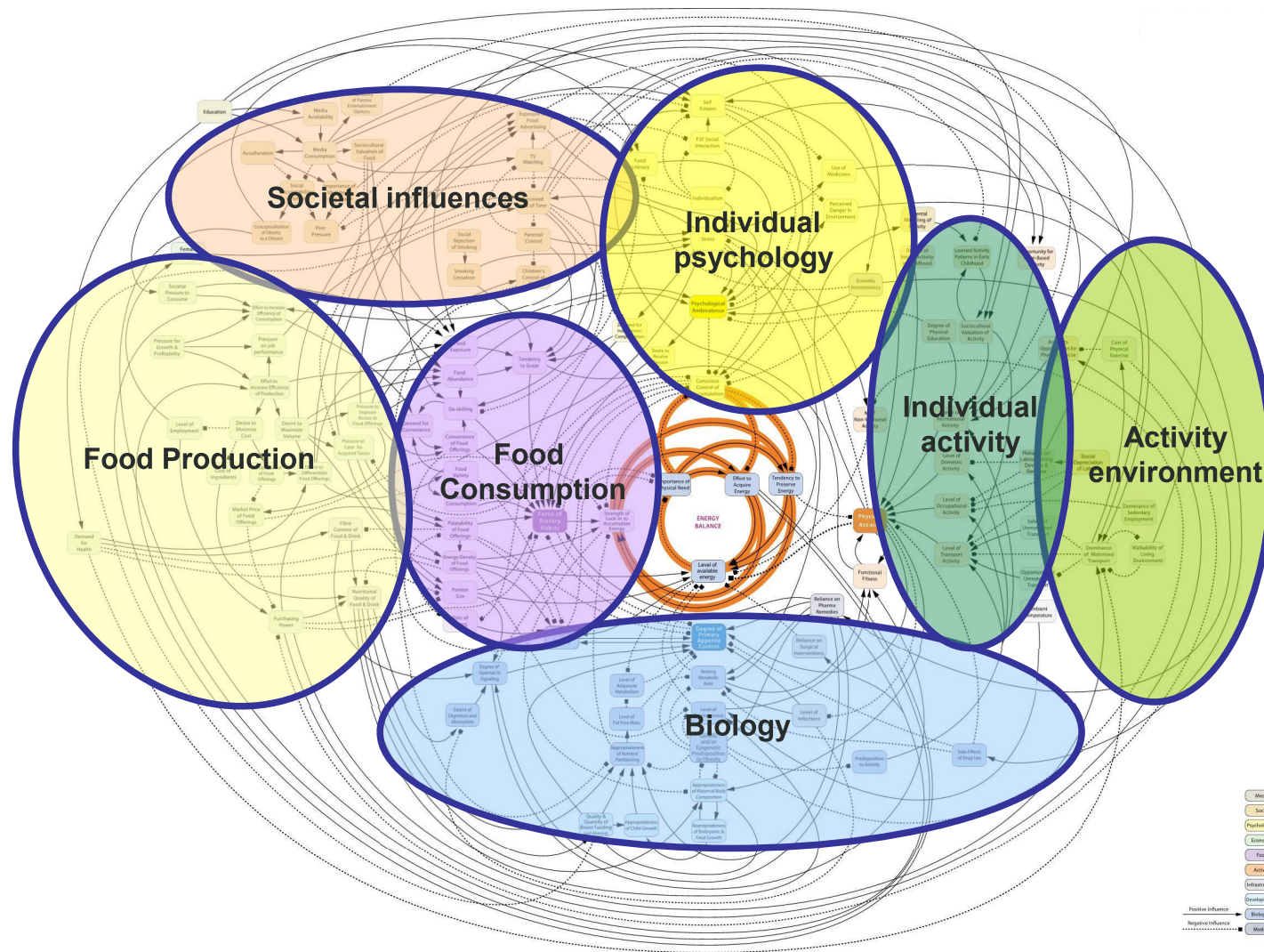
## Tackling Obesity

Health, Care and Wellbeing  
Scrutiny Committee

23<sup>rd</sup> September 2022

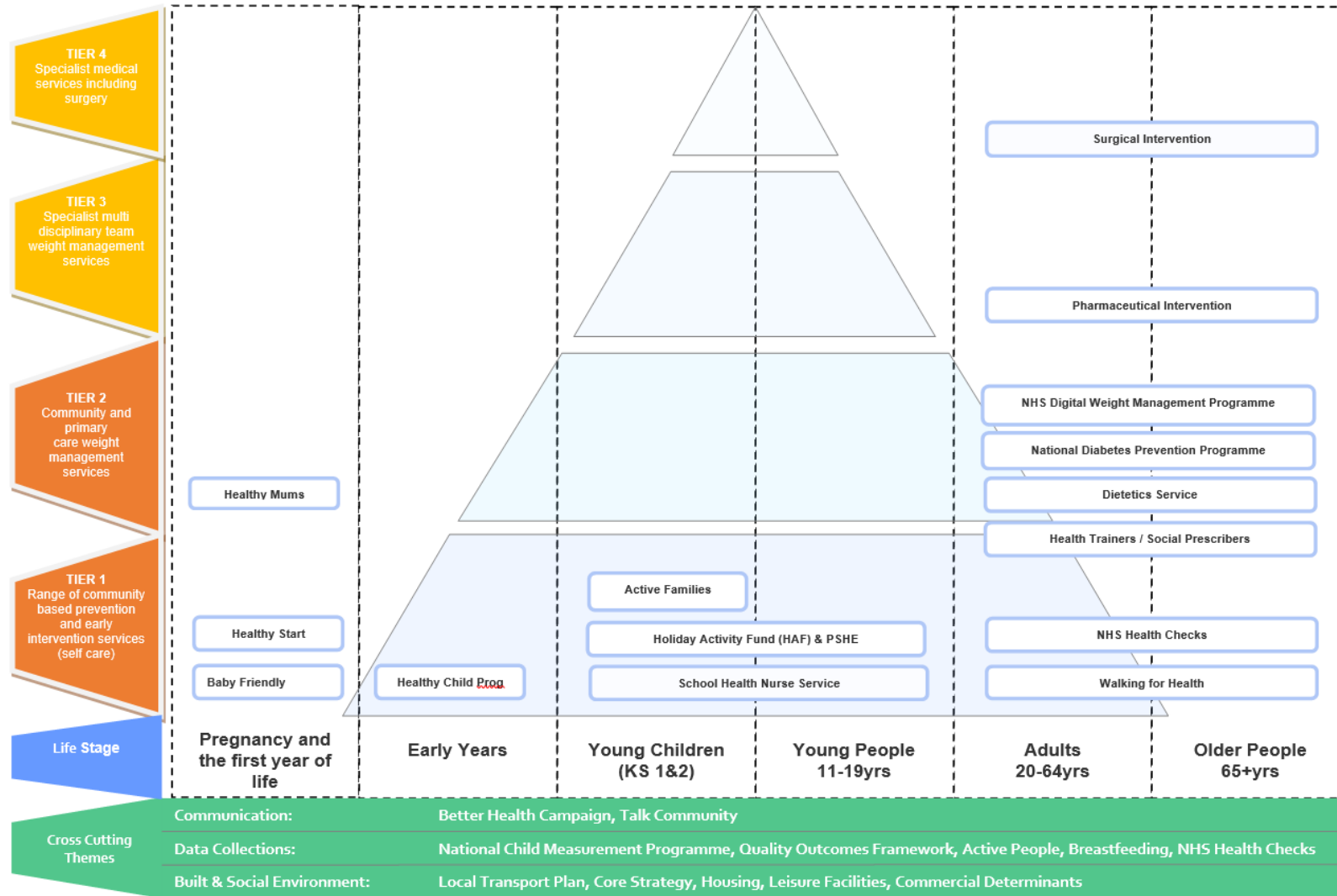
# Epidemiology

- 26.9% of Reception age children and 38.7% of Year 6 children are classified as overweight or obese (2020/21)
- 30.9% (48,700) of adults are obese in Herefordshire (20/21) which is statistically higher than the national average (25.3%)
- 67% (105,592) of adults in Herefordshire are overweight or obese (20/21)
- 23.6% of pregnant women are obese at the time of their 12 week booking with a midwife (18/19)
- 49.3% of children and young people are physically active
- 19.5% of adults do less than 30mins physical activity per week
- Certain people are more at risk of obesity including; people with a learning disability, people on a lower income, people with a mental health condition, ethnically diverse groups
- Obesity is associated with a number of adverse health, social and economic outcomes



# Overview of current action to tackle obesity

- Ambitious national child obesity plan focusing on macro level interventions
- Some gaps in weight management support across Herefordshire's child and adult healthy weight pathways
- Targeted investment from NHS England in supporting people with their weight e.g. NHS Digital Weight Management Programme, National Diabetes Prevention Programme
- Innovative work underway through the Food Alliance & Sustainable Food Places Programme
- Implementation of a countywide physical activity strategy
- Individual and community-orientated approaches through Talk Community and the Health Trainer service
- Co-benefits through tackling climate change e.g. sustainable travel initiatives, healthy eating
- Renewed focus on obesity within the integrated care system and primary care networks
- Several successful programmes in place including; holiday activity fund (HAF), Get Active programme



# Summary of Recommendations

1. Embed healthy weight as a strategic priority across local organisations and deliver collective action through a whole system approach
2. Address the current gaps in the county's weight management services
3. Encourage health professionals and residents to identify ways in which patients can do more to help themselves through promotion of digital and self-help resources
4. Work with the planning department to develop and implement a Health Impact Assessment Tool to ensure health is considered in all planning decisions
5. Improve the quality of data on weight management services and obesity across the life course with a particular focus on long-term outcomes
6. Develop a training package around 'raising the issue of weight' for health practitioners and promote existing services
7. Build on the Sustainable Food Partnership to deliver collective action through a systems approach
8. Consider a consistent approach to the type of language and media used to communicate about obesity





# Stroke Services

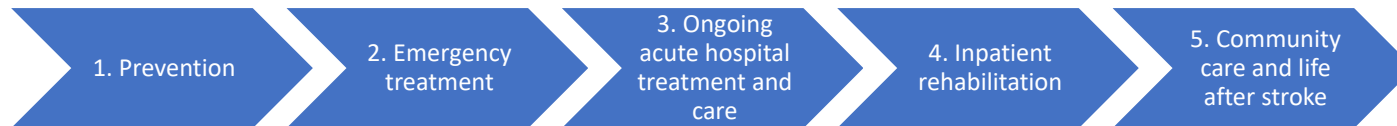
Pre-consultation Engagement Autumn 2022

# Welcome and Introduction

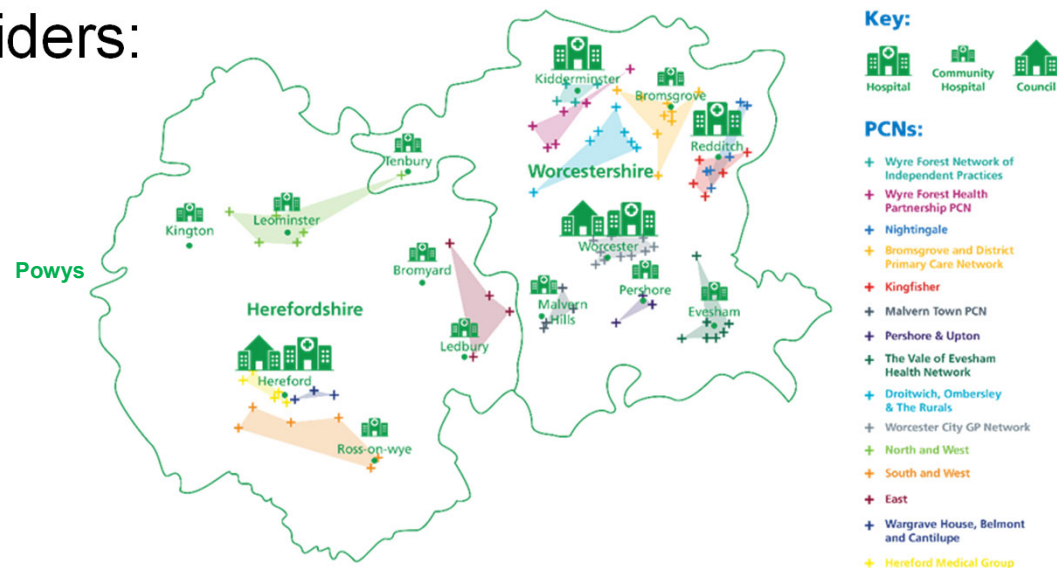
- Stroke is a serious, life-threatening condition. 1 in 6 people will have a stroke during their lifetime.
- Each year, around 1,200 people in Herefordshire and Worcestershire, and a further 150 people in Powys, are confirmed as having a stroke. That's around 3 people each day. That number is set to rise as the population continues to grow and people live longer.
- We have ambitions for high quality stroke and TIA (transient ischaemic attack or 'mini stroke') services across  
⇒ Herefordshire and Worcestershire.
- To achieve this, we are looking at the way stroke and TIA services are organised and run in our area, so that everyone who accesses services in Herefordshire and Worcestershire will have the best opportunity to survive and thrive after stroke.
- This presentation describes what a stroke is, how we currently care for people who have a stroke, what the case for change is, and how we are developing potential solutions.
- We want to hear your views on this, the issues we describe and the solutions we propose. More details can be found in the 'Issues Paper' and you can respond via our survey, which are both available on the website <https://www.hwics.org.uk/get-involved/involvement-opportunities/stroke-services>

# How do we currently care for people who have a stroke in our area?

- National Stroke Pathway:



- Details of providers:



# Outlining a compelling case for change

- **By considering re-organising our services we can give everyone the best opportunity to survive and thrive after a stroke.**
- We do not have enough permanent stroke specialist consultants required to achieve the national clinical standards for stroke at either of the hyper acute and acute stroke units at Herefordshire County Hospital and Worcestershire Royal Hospital.
- We have been unable to recruit the number of stroke consultants required to deliver 7-day services across both sites, despite sustained and innovative efforts to do so.
- We continue to rely on support from outside of Herefordshire and Worcestershire to ensure we have access to stroke specialist consultants over 7-days.
- **Though the service is currently being provided, it could be better for patients if we could ensure 7-day access to a stroke specialist consultant led service.** This would enable us to do the following:
  - Deliver more stroke specialist services within the ICS ourselves, thereby reducing our reliance on other areas to support us.
  - Ensure we have local access to stroke specialist consultants to support other areas of the stroke pathway such as rehabilitation.
  - Provide the opportunity to potentially develop the services we have locally for stroke and TIA.
  - Improve pathways between ourselves and stroke specialist centres that offer specialist treatments, thereby improving outcomes for our patients.

# Developing potential solutions

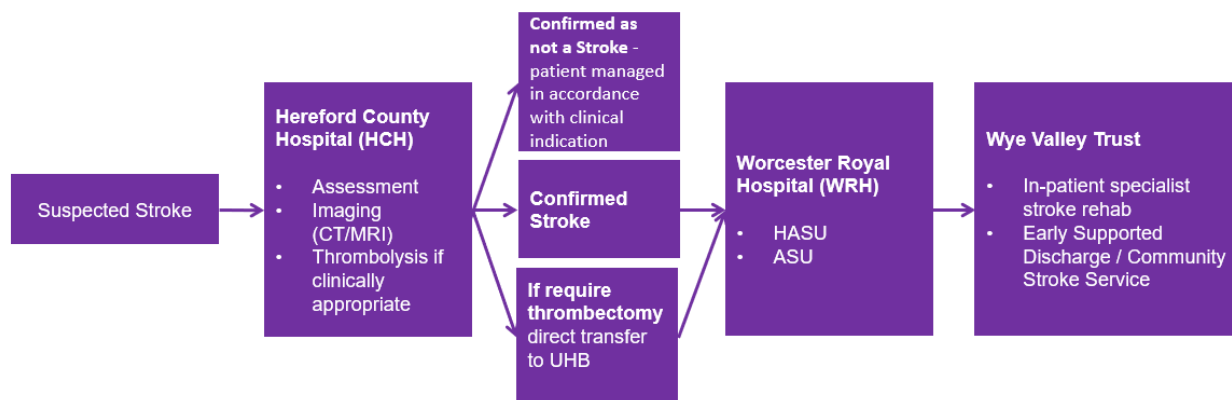
- Stroke Programme Board established with partners from Herefordshire, Worcestershire and Powys
- In 2018 four potential solutions were identified, engagement took place and an options appraisal undertaken.

Potential Solution	1	2	3	4
Description	No change to current service	One HASU and two ASUs	HASU and ASU out of counties	HASU and ASU on one site

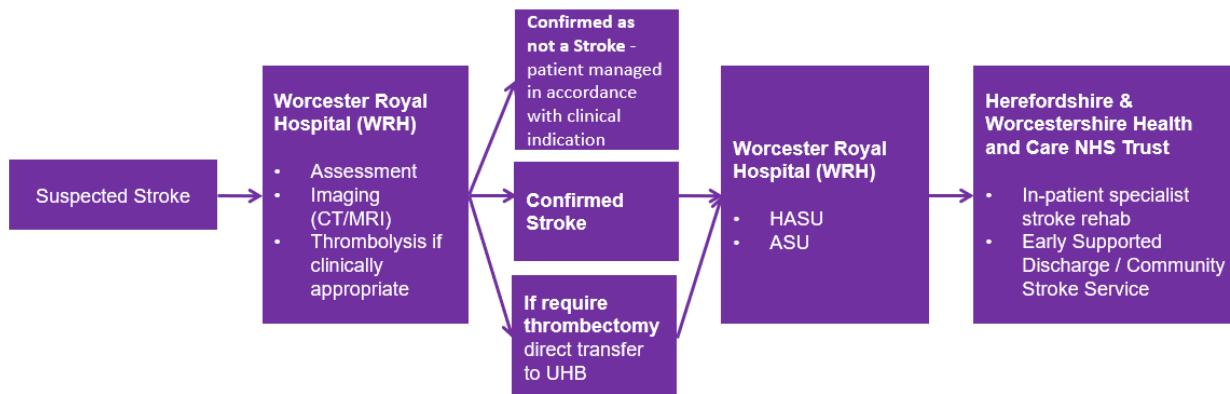
- Solutions development began again in 2021 and focused on 'potential solution 4' which is the preferred solution by clinicians and following the options appraisal.

# Potential Solution

Herefordshire and Powys patients where Herefordshire County Hospital is the nearest imaging centre:



Worcestershire and Herefordshire patients where Worcestershire Royal Hospital is the nearest imaging centre:



# Have your say

We want to hear what you think about stroke services and the issues discussed in this paper. We will be reflecting on the views that you share, during September - November 2022.

After reading the information in this paper, we would like to know what you think about the following:

1. Do you think we have raised and explained all of the issues and challenges that may be associated with improving stroke services across Herefordshire and Worcestershire? If not, what do you think we have missed?
2. Have we considered all the potential solutions for improving stroke services? If not, what else should we consider?
3. Is there anything else regarding stroke prevention we should think about? If yes, please tell us what else we should consider.
4. Do you have any further feedback or comments?
5. Would you like to be involved in future stroke services engagement?

Please do tell us your views by using the survey link: <https://www.surveymonkey.co.uk/r/strokeservices2022>

Or if you would like to email us, please do at [hw.engage@nhs.net](mailto:hw.engage@nhs.net) or call 0330 053 4356 and ask for the engagement team.

Further details including the Issues Paper can be found at: <https://www.hwics.org.uk/get-involved/involvement-opportunities/stroke-services>

